



— ROCKEFELLER —
SCALLOP CAKES

**PIONEERS IN THE SCALLOPING
INDUSTRY FOR OVER 50 YEARS**

Dry sea scallops are blended with Rockefeller Spinach (spinach, onions, garlic, parmesan, pernod, and a dash of cayenne), and a touch of cream to create a stuffed scallop worthy of New Orleans.

MARDERSEAFOOD.COM



ROCKEFELLER

INGREDIENTS

Scallops, Spinach, Onions, Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose), Panko (Wheat Flour, Dextrose, Yeast, Salt), Fennel, Garlic, Hot Sauce (Cayenne Red Peppers, Vinegar, Salt)

Contains: Wheat, Milk

Nutrition Facts

Serving Size 3 oz (85g)

Amount per serving

Calories **140**

% Daily Value*

Total Fat 7g **9%**

Saturated Fat 4.5g **22%**

Trans Fat 0g

Cholesterol 35g **11%**

Sodium 430mg **19%**

Total Carbohydrate 9g **3%**

Dietary Fiber 1g **4%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 12g

Vitamin D 0mcg **0%**

Calcium 120mg **10%**

Iron 0.7mg **4%**

Potassium 200mg **4%**

* The % Daily Value (DV) tells you how much nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PROUDLY PACKED & DISTRIBUTED BY

MARDER ≈ SEAFOOD

MA LIC #6950

57 HASSEY STREET • NEW BEDFORD, MA 02740 U.S.A.

SALES@MARDERSEAFOOD.COM • 508.990.2708